

## Principal's Message

Another great week of learning and such a joy to see the children's smiley faces each morning. The children have settled well into their new routines and I am greatly impressed with our Reception children who are showing lots of independence as well as the skills needed to be school ready. I wish them all every success this year and thank their families for their support.

Our assemblies are currently delivered virtually except the Gold Book assembly which goes 'on tour' each Friday. Our POW value this week was creativity- *'Everything you can imagine is real'* - Picasso.

Favourite moment this week was the sound of our talented drummers in Avocets...



A big thank you to Lachlan, who has been showing his excellent learning and friendship by writing the first piece of learning for the Principal's office. It is a thank you letter to our super heroes who visited last week.

As you all know, we absolutely love reading– however we are missing lots of books which went home earlier this year– please have a look this weekend and pop them in bags for Monday.

## West St Leonards Learning Channel—Phonics Overview

Click [here](#) for an introduction to phonics on our West St Leonards Learning Channel as well as ideas to support your children at home. This replaces our usual parent event for phonics this month.

# Phonics

## We love learning- Archery

This week Year 5 took part in an archery lesson right here on the school field, where they learned how to use a bow and arrow just like Robin Hood! They were shown bows from different periods of history, before taking part in a shooting competition between themselves. What a fantastic day!





## Well Done Warblers!

Trim trail treat for 100% attendance– the first class to have exclusive use this week.



## Open for Parents

If you live in East Sussex and you're worried about managing your child's behaviour, supporting their development or their emotional wellbeing or you want support and advice to help build a positive relationship with your child, Open for Parents can help.

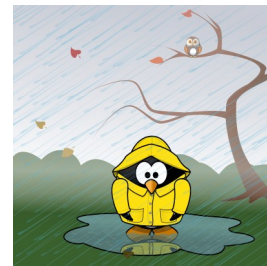
To find out more click [here](#).



## Jumpers Cardigans and Coats

As the weather turns colder, please make sure your child comes to school wearing appropriate clothing to keep warm.

We will be keeping the classrooms ventilated as much as possible to reduce the risk of germs spreading.



## COVID-19

Protect your loved ones with the official NHS COVID-19 contact tracing app for England and Wales. It's the fastest way of knowing when you're at risk from coronavirus (COVID-19). The quicker you know, the quicker you can alert your loved ones, and your community.

<https://www.nhs.uk/apps-library/nhs-covid-19>

## Collection Arrangements

If your child is being collected by a person **NOT** named on the collection arrangements form, please contact the office by 1pm.

## Additional Information

Please ensure children do not bring money to school, as we are cashless, children do not need to bring money with them.



## Late Items

To reduce the possibility of virus transmission please ensure your child has everything they need for school with them each morning. Forgotten items other than a packed lunch will no longer be accepted. PE kits should be brought to school every Monday and then return home to be washed each Friday.

## SRE Lesson

This term your child will be learning about an aspect of SRE (Sex and Relationships Education). This term we will be accessing our recovery curriculum .

Please see the curriculum overview, which shows what each year group will be learning about during their lessons. This is also available on our school website.

### SRE Curriculum Overview

year 1

year 4

year 2

year 5

year 3

year 6

**Year 1**

**Growing and**

**Caring for Ourselves**

**Lesson 1: Keeping Clean**

**Lesson 2: Growing and Changing**

**Lesson 3: Families and Care**

**Year 2**

**Differences**

**Lesson 1: Differences: Boys and Girls**

**Lesson 2: Differences: Male and Female**

**Lesson 3: Naming the Body Parts**

**Year 3**

**Valuing Difference**

**and Keeping Safe**

**Lesson 1: Differences: Male and Female**

**Lesson 2: Differences: Personal Space**

**Lesson 3: Family Differences.**

**Year 4**

**Growing Up**

**Lesson 1: Growing and Changing**

**Lesson 2: Body Changes and Reproduction**

**Lesson 3: What is Puberty?**

**Year 5**

**Puberty**

**Lesson 1: Talking about Puberty**

**Lesson 2: Male and Female Changes**

**Lesson 3: Puberty and Hygiene**

**Year 6**

**Puberty and**

**Reproduction**

**Lesson 1: Puberty and Reproduction**

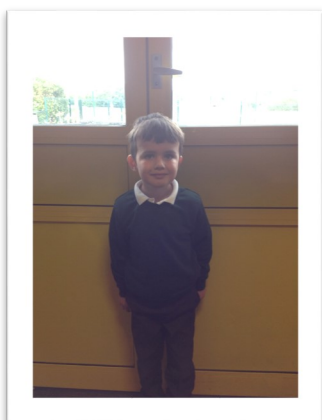
**Lesson 2: Relationships and Reproduction**

**Lesson 3: Conception and Pregnancy**



## Gold Award

We continue to award children each week for showing their POW values and showing Excellent Learning and Friendship. Here are the gold awards for this week.



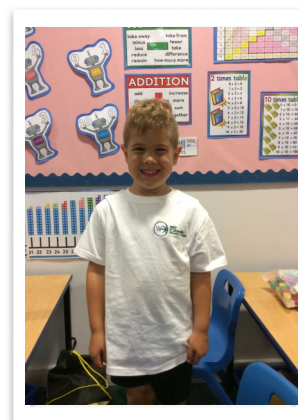
**Puffins - Reuben A**

Reuben created a wonderful story map for the Little Red Hen. Well done Reuben! I love your pictures and your writing.



**Ducklings - Imogen AB**

Imogen has settled into school wonderfully, she has been helping other children to settle into school by being an amazing friend and role model.



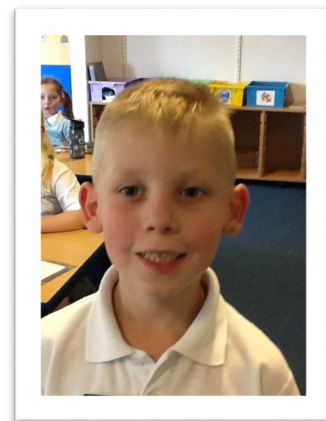
**Robins - Joseph HC**

Joseph for improved focus in class and continuous progression in his work.



**Blackbirds - Evie B**

Evie you are working very hard to practice your handwriting, and it shows. Well done, keep up the good work!



**Warblers - Harry H**

Harry for his fantastic attitude to his learning and always showing co-operation in class. Keep it up, Harry you are a fantastic role model to our class.



**Kingfishers - Riley M**

Riley for being a fantastic role model and showing excellent behaviour for learning! Keep it up Riley!





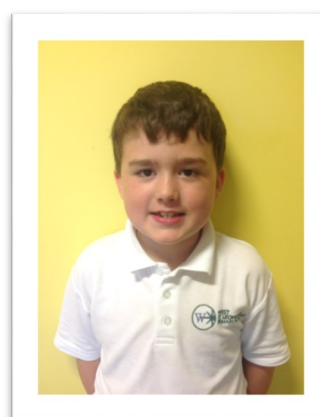
**Nightingales - Alice-May C**

Alice for her perseverance in all subjects and always being a helpful member of Nightingales.



**Sandmartins - Tulsi CS**

Tulsi for being a good role model and supporting her peers.



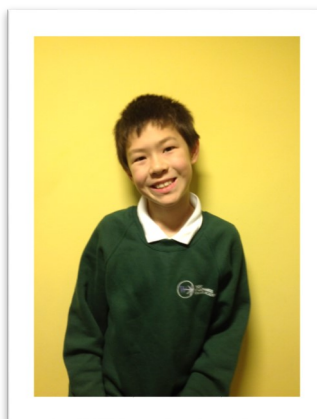
**Avocets - Archie H**

Archie's resilience has really shone through this week! He tries his hardest in all subject areas and participates really well in class discussions. Well done Archie!



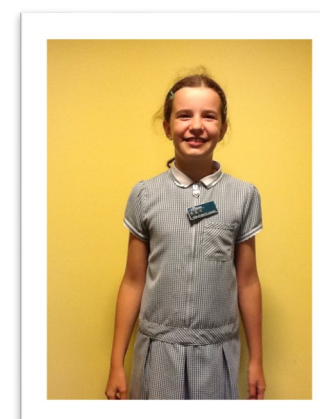
**Oystercatchers - James M**

James' attitude towards learning has been fantastic - especially in his handwriting. James has been showing excellent self-control and this has helped him create a spectacular suspense story. Well done James!



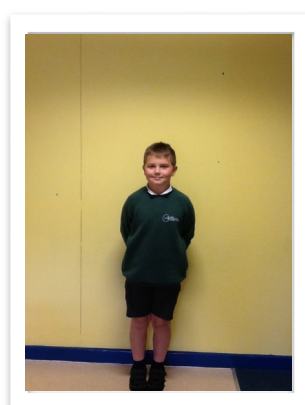
**Hérons - Henry W**

Henry for really making an effort this week to put his hand up and answer questions, as well as being very polite and wishing me a good morning/afternoon and rest of the day. Well done Henry!



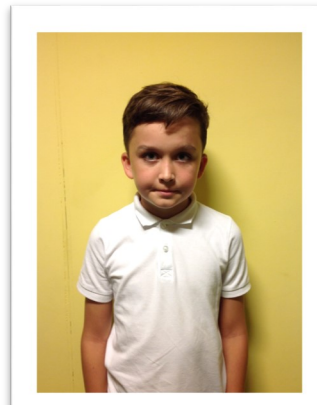
**Cranes - Gabrielle R**

Gabrielle for consistently lining up quickly and silently, remaining in her correct place and representing the class so well as she walks around the school. Well done Gabrielle!



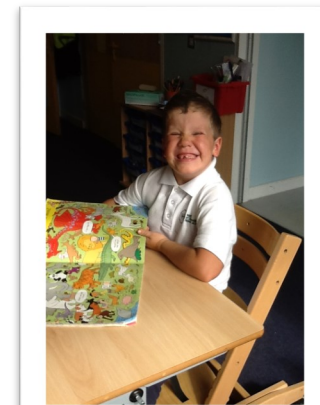
**Razorbills - Archie H**

Archie for excellent reasoning with his maths and showing that he works very carefully to solve a problem.



**Swifts - Lewis L**

Lewis for always contributing to class discussions and developing his reasoning skills in maths. Well done Lewis!



**Doves - Spencer J**

Spencer for a wonderfully, positive start to the academic year. He is always ready to learn, with a positive attitude and a cheery disposition. Well done Spencer!



**If your child has:**  
**a high temperature**  
**a new, continuous cough, or**  
**a loss of, or change in, sense of**  
**smell or taste**

**This could be a sign of**  
**coronavirus**

**Book a test**



**If your child has:**  
**a runny nose, is sneezing or**  
**feeling unwell**  
**But they don't have:**  
**a high temperature**  
**a new, continuous cough, or**  
**a loss of, or change in,**  
**sense of smell or taste**

**These are**  
**not normally symptoms of**  
**coronavirus**

**Seek advice from a pharmacy, dial**  
**111 or see your GP**



## Test and Trace

23 September 2020

Dear parents and guardians,

This is an important letter to share some information on how we can work together to make sure we can continue to give children and young people the best education in the safest way possible.

One important part of ensuring the safety and wellbeing of pupils, parents and our communities is testing for coronavirus. We all have a duty to make sure that the right people have access to get tested at the right time. Every time a test is used inappropriately, a person with Covid-19 symptoms may miss out on getting tested.

Therefore, I ask that you all follow these principles:

- You should only book a test if your child has any of these three coronavirus symptoms:
  1. **a high temperature:** any new high temperature where your child feels hot to touch on their chest or back (you do not need to measure the temperature)
  2. **a new continuous cough:** coughing a lot for more than an hour, or three or more coughing episodes in 24 hours
  3. **a loss of, or change in, sense of smell or taste:** a noticeable loss of smell or taste or things smell and taste different to normal
- Your child **does not need a test** if they have a runny nose, are sneezing or feeling unwell but do not have a temperature, cough or loss of, or change in, sense of smell or taste because these are not normally symptoms of coronavirus.
- If you are unsure about whether to get a test, please check the official list of symptoms on the NHS website, which is reviewed regularly:  
[www.nhs.uk/conditions/coronavirus-covid-19/symptoms/](https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/)
- Only the person with symptoms should get a test. You do not need to get a test for anyone else in the household unless they also have any of the three symptoms listed above. All members of the household need to self-isolate whilst
- If the person with symptoms' test comes back positive, other members of their household should continue self-isolating for 14 days and **only get a test if they develop coronavirus symptoms.**
- If a pupil in a class or bubble tests positive for coronavirus, anyone who is advised to self-isolate **does not require a test unless they subsequently develop symptoms.**

No one else in the same class or bubble as the symptomatic person needs to take any action unless advised by the school. Schools have detailed guidance and access to a Department for Education and Public Health England helpline for advice and support.

Contacts of a person who has tested positive must follow the guidance carefully and in full, which means they must stay at home for 14 days. This is because it can take several days following contact with an infected person before an individual develops symptoms or the virus can be detected. Students should only book a test if they get symptoms.

The NHS has produced some guidance to help parents understand when their child can and cannot attend school which you may find useful: <https://www.nhs.uk/live-well/healthy-body/is-my-child-too-ill-for-school/>

It is vital for children's learning and future opportunities that they are able to return to school and college. It is therefore vitally important that all we work together and do our bit to make this possible.

Education **Futures Trust**

# SPORTS-4-U



Education Futures Trust, funded by **Children In Need**, is offering sports sessions at venues across Hastings to improve fitness and health, and to provide opportunities to meet new people, in a Covid secure environment.

## Activities on offer...

**Football  
Tennis  
Uni-hockey  
& Wide-Games**

**Cricket  
Rounders  
Stool-ball**

**FREE**

10-week programmes for 7 - 14 year olds:

Mondays, 28<sup>th</sup> Sep to 7<sup>th</sup> Dec (excl. half term) @ The Firs, 4.00-5.15 pm  
Thursdays, from 1<sup>st</sup> Oct to 10<sup>th</sup> Dec (excl. half term) @ The Firs, 4.00-5.15 pm

## Bookings Only

**Contact Rian: 07375884031 / [office@educationfuturestrust.org](mailto:office@educationfuturestrust.org)**

[www.educationfuturestrust.org](http://www.educationfuturestrust.org)



@EFT\_Hastings



Education Futures Trust

**Our children. Our families. Our community.**

Registered Charity Number: 1146171

Company Number: 7852922

Patron: Baroness Stedman Scott OBE